

# Huronia



## FIRE PREVENTION WEEK 2020 OCTOBER 4<sup>th</sup> – October 10<sup>th</sup>

We are proud to team up with our colleagues at the [National Fire Prevention Association](#) (NFPA) and Fire Departments across Canada and the US to promote this year's [Fire Prevention Week](#) campaign - "Serve Up Fire Safety in the Kitchen!" This campaign works to educate adults and children about the important actions they can take to keep themselves safe from fire when cooking.

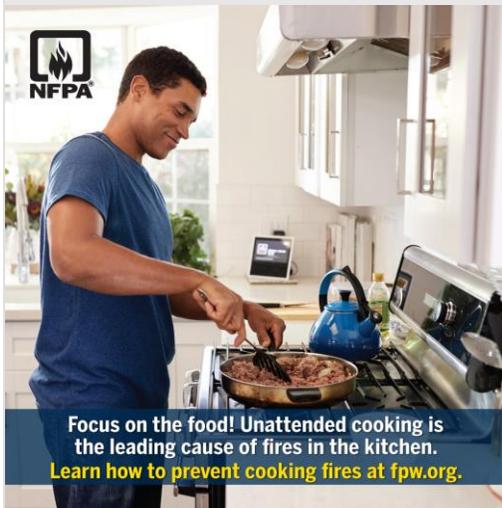


According to the NFPA, cooking is the leading cause of home fires and home fire related injuries in Canada. The majority of reported home fires start in the kitchen. Most home fires start with the combustion of food or other cooking materials. "We know cooking fires can be prevented," said Lorraine Carli, Vice-President of outreach and advocacy at NFPA. "Staying in the kitchen while cooking, using a timer, and avoiding distractions such as electronics or TV are steps everyone can take to keep families safe in their homes."

They make the following recommendations:



- Always keep a pan lid nearby when you're cooking. If a small grease fire starts, slide the lid over the pan to smother the flame. Turn off the burner, and leave the pan covered until it is completely cool.
- If an appliance feels too hot, smokes, or gives off a strange odor, unplug it immediately and have it serviced or replaced.
- Turn pot and pan handles inward so that they can't be easily knocked over.



- Never leave cooking food unattended. Stay in the kitchen while you are frying, grilling or broiling food. If you have to leave, even for a short time, turn off the stove.
- If you are simmering, baking, roasting, or boiling food, check it regularly. Remain in the home while food is cooking, and use a timer to remind you that you're cooking.
- You have to be alert when cooking. You won't be alert if you are sleepy, have taken medicine or drugs, or have consumed alcohol that makes you drowsy.



- Keep your cooking area clutter-free! Move anything that can burn at least 3 feet away from the cooking area, including oven mitts, towels, wooden utensils and food packaging.
- Wear short, close-fitting, or tightly rolled sleeves when cooking. Loose clothing can hang down onto stove burners and catch fire.
- When in doubt, just get out! If you have any doubts about stopping a small kitchen fire, just get out. Close the doors behind you as you and others in the home leave to help contain the fire.



Have a "kid-free zone" of at least 1 metre around the stove and areas where hot food or liquid is prepared or carried.

- [Click here to make your own "Kid Free Zone Marker"](#)
- [Click here to download your Family's Cooking Safety Checklist](#)
- [Click here to learn more tips that can help you and your children determine what kitchen activities are most appropriate for their age - and when it's time to ask an adult for help.](#)

We would like to add that it's important to have working smoke and **carbon monoxide detectors** and **fire extinguishers** in your home. This is especially important in the kitchen where there is a higher risk of fire. The NFPA recommends that smoke alarms be installed in your home at least 10' away from the cooking area. This will help avoid nuisance alarms triggered when cooking.

If you already have a fire extinguisher in your kitchen, make sure that it has yearly check-ups – this can be done at each of our office locations.

Huronia has a full line of fire protection and suppression products that provide proactive solutions to help protect your family, employees and possessions. From fire sensors and monitoring to complete fire suppression systems for commercial kitchens, computer rooms and paint booths, Huronia offers fire protection equipment and services that help protect both structures and people. We will work with you to draft a fire protection plan to assist in the early detection of fire. [Get in touch with us today](#) should you have any questions about our **residential** or **commercial** fire and life safety products and services.

## SAVE ENERGY, SAVE MONEY. WITH A SMART THERMOSTAT.

With colder weather fast approaching we know that heating and energy savings is on everyone's minds. Mechanical and digital thermostats allow you to manually control the temperature in your home, but manual pre-set schedules are subject to change, and that means that you're missing out on energy savings when you're away from home. So what's the solution? A smart thermostat from Alarm.com.

Huronia Alarm & Fire Security Inc. is a proud, authorized Alarm.com partner. We install, maintain and service the Alarm.com suite of products that allow our customers the ability to monitor, protect and automate their home. The Alarm.com smart thermostat is one of those products ...



- Offering you control from anywhere - adjust the thermostat from your mobile phone or app on any computer
- Real-time adjustments are made automatically - including pausing the system if smoke or carbon monoxide is detected to help limit the circulation of fumes
- Response to changes in local weather patterns and extreme temperature changes - automatically adjusting on extremely hot or cold days
- This smart thermostat also works in conjunction with the Alarm.com Security System - when the security system is armed, the thermostat can safely adjust for energy saving's because it knows that the home is vacant and temperature can be reduced, no sense heating an empty home!

Watch the Alarm.com smart thermostat in action.



[Click here](#) to watch an Alarm.com Product Manager describe the features and benefits of this smart thermostat.

[Contact us](#) for more information about the Alarm.com suite of products and how we can help you and your family and employees live with greater peace of mind.

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**ARE YOUR KIDS LIVING IN A DORM ROOM OR ON THEIR OWN OFF CAMPUS THIS SCHOOL YEAR? MAKE SURE THEY**

## ARE PRACTISING PROACTIVE FIRE SAFETY.

The [National Fire Protection Association](#) and the [Center for Campus Fire Safety](#) are working together to help raise awareness about the dangers of fires among post-secondary students who live in on-campus dorm rooms or in off-campus housing. These organizations are seeking to educate students and their parents and help create a conversation surrounding fire safety when living away from home.

- Ensure that their dorm room or apartment has a working smoke alarm
  - In dorms, make sure each sleeping room has a smoke alarm or the dormitory suite has a smoke alarm in each living area as well as the sleeping rooms.
  - NEVER remove or disable smoke alarms and never remove the batteries
  - In apartments and houses, make sure there is one smoke alarm installed in all sleeping areas, or outside of all sleeping areas and one every level of the apartment/house
  - Instruct them how to test the smoke alarms - and have them test them monthly
- Make an escape plan with them; they should have two ways out of their dorm room or apartment
- Bring them an extra battery powered smoke alarm and carbon monoxide detector when you go to visit
- Use the correct wattage lightbulbs in lamps (using a 100-watt bulb in a 60-watt fixture can cause intense heat which may lead to fire)
- Remind them to not cover lamps with scarves ... suggest they use flameless candles instead if they're looking to create a calming atmosphere
- Ensure that combustible items are away from heat sources
- Remind them NOT to overload electrical outlets, extension cords or power strips
- Make sure that common areas and hallways are clear from obstacles (bikes, other possessions, debris) to ensure that they can escape from a fire safely as quickly as possible without having to face obstructions
- According to the NFPA, most dorm fires are caused by cooking – remind your kids to always stay in the kitchen when cooking

**Friends keep friends safe  
from fire-related hazards....**

**Share! ...**

**Pass fire safety tips along  
to two or more friends!**



[Click here to download a fire safety checklist for students.](#)

[Click here for a cooking and kitchen safety fire poster.](#)

[Click here for tips about “what to do” in case of a fire.](#)

[And click here for more tips about fire safety from the NFPA.](#)

Knowing these preventative actions can save lives. If you need [fire and life safety products](#), like fire extinguishers for your kids shared kitchen, or smoke and carbon monoxide alarms, please [contact us](#).



**Huronia**

Safe. Secure. And Sound.

Security & Monitoring

Fire & Safety

Audio Video

Lock, Key & Safe

[huronialarms.com](http://huronialarms.com)

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